

SDOC Health Guidance 2022-23

COVID-19

The School District of the Chathams is following CDC Guidance for K-12 Schools and Early Education Programs, which you may review [here](#). Below are some of the highlights from this guidance.

Please follow these protocols regarding COVID-19:

- **Staff** should report all positive COVID-19 cases to Human Resources, using the Google Form provided by Beth Grant.
- **Student cases** should be reported to the [building school nurse](#).
- Symptom checks should be done each morning before students/staff arrive at school.
- If staff or students are sick, they should stay home and contact their healthcare provider.

Illness Exclusion Guidelines

Exclusion for COVID-compatible illness applies to both unvaccinated AND vaccinated individuals.

Students and staff who have two or more symptoms from Category A, or at least one symptom from category B should not come to school.

***A:** At least two of the following symptoms: fever (measured or subjective), chills, rigors (shivers), myalgia (muscle aches), headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose*

OR

***B:** At least one of the following symptoms: cough, shortness of breath, difficulty breathing, new loss of smell or new loss of taste.*

- Individuals who are experiencing symptoms of COVID-19, who have not been tested, should stay home and isolate for five full days. This is regardless of vaccine status. (Day 0 is the first day of symptoms.)
- Individuals who have tested positive for COVID-19 (with or without symptoms) should stay home and isolate for five full days. This is regardless of vaccine status. (Day 0 is the date of the positive test.) *Positive results should be reported to the [building school nurse](#) (students) or to Human Resources (staff).*
- As per [NJDOH guidelines](#), Individuals with symptoms who test negative on a home test, should repeat the home test after 48 hours. Alternatively, they may seek a rapid antigen test or a PCR test prior to the 48 hour mark at a health facility; a negative laboratory result on either the rapid antigen or the PCR is acceptable as a confirmed negative.

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- Individuals who test positive and isolate for a full 5 days may return to school on day 6 if they have been fever free for at least 24 hours and if other symptoms are improving. They should wear a well-fitting mask from day 6 through day 10.

Exposure Quarantines

At this time, the School District of the Chathams is not requiring quarantine for asymptomatic individuals who have had a known exposure to COVID-19. These protocols are recommended by the NJDOH and the CDC:

- Wear a mask for at least 10 days
- Test for COVID on day 5 after the last exposure to the infected individual. (Date of the exposure is day 0)
- Watch for symptoms and stay home at the first sign of illness

Masking

Masks are optional in District buildings. We do have students and staff who are immunocompromised and for the benefit of all, we ask for compliance with the following:

- Masks should be worn from days 6 through 10 after a confirmed case of COVID-19.
- Masks should be well-fitting and should cover the mouth and nose completely.
- Masks may be worn by any individuals who are concerned about disease transmission.

In addition, students who become sick at school will be asked to wear a mask until discharged to their parent or guardian.

Rashes and Other Illnesses

Rash Exclusion Guidelines

Individuals with undiagnosed rash should remain home from school until cleared by a healthcare provider. Parents should provide a clearance note from their child's healthcare provider to the school nurse.

Other Exclusion Guidelines

Please see [this document](#) for guidance on exclusion parameters for other contagious illnesses.

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District Nurses

School	Nurse	Email	Phone Number
CHS	Ms. Carol Pace	cpace@chatham-nj.org	(973) 457-2535
CMS	Ms. Christina Sachs Ms. Debby Smith	csachs@chatham-nj.org dsmith@chatham-nj.org	(973) 457-2540
LAF	Ms. Sally Kelly Ms. Kate McRoberts	sally.kelly@chatham-nj.org kmcroberts@chatham-nj.org	(973) 457-2543
MAS	Ms. Erin Zotti	ezotti@chatham-nj.org	(973) 457-2546
SBS	Ms. Kimberly Auer	kauer@chatham-nj.org	(973) 457-2549
WAS	Ms. Christine Kedziora	ckedziora@chatham-nj.org	(973) 457-2552